

National Cushing's Patient Education Day 2017

THE CUSHING'S SUPPORT AND RESEARCH FOUNDATION invites you and a guest to attend.

Why:

Learn more about the normal function of the pituitary, diagnosis of Cushing's, the effects of excess cortisol, medical therapy, recovery, quality of life after Cushing's and coping with illness. Interact and share experiences with patients and expert physicians.

Where:

National Institutes of Health (NIH)
9000 Rockville Pike, Bethesda, MD 20892
Building 60 (Cloisters)
<https://clinicalcenter.nih.gov/about/visitor1.html>

When:

Friday, October 20, 2017 – Reception at Bethesda Marriott, 5151 Pooks Hill Rd, Bethesda, MD 20814

Saturday, October 21, 2017 – Conference at NIH, Building 60 (see above for address)

Registration:

There is **no fee** to attend. You can register on our website at csrf.net or by mailing in the attached response card.

Hotel Rooms:

Our group rate for rooms at the Bethesda Marriott is \$99.00 per night and is available until September 30, 2017. To make room reservations, please call the hotel directly and tell them you are part of the CSRF meeting. Toll-free: 800-228-9290, Local: 301-897-9400

SCHEDULE

Friday, October 20

6:00 – 7:30 pm – Hors D'Oeuvres Reception at Bethesda Marriott

7:30 – 9:30pm – Stay and mingle

Saturday, October 21

8:00 – 8:50 am – Registration and Breakfast at NIH

8:50 – 9:00 am – Welcome

9:00 – 9:30 am – **Cushing's 101**, Dr. Stratakis, NIH

9:30 – 10:00 am – **Treatments, Medical Therapies and Trials**, Dr. Salvatori, JHU

10:00 – 10:30 am – **Long Term Physical Effects of Cushing's**, Dr. Vance, UVA

10:30 – 10:50 am – Break

10:50 – 11:20 am – **Long Term QoL, Psychological and Cognitive Issues**, Dr. Tiemensma, UC Merced

11:20 am – 12:20 pm – **Patient Story Panel, Q&A**

12:20 – 1:20 pm – Lunch (provided), Networking

1:20 – 2:00 pm – **Coping with Recovery and Life Changes**, Dawn Herring, LMFT and Lisa Felber, NIH

2:00 – 3:00 pm – **Breakout Session 1**

- **Sexual Intimacy and Fertility Concerns**, Dr. DeCherney, NIH, Dawn Herring, LMFT
- **Family / Caregiver Issues and Concerns**, Lisa Felber, NIH
- **Coping with Chronic Illness and QoL Issues**, Dr. Martinez, NIH, Dr. Tiemensma, UC Merced
- **Nutrition and Exercise**, Megan Schoenfeld, RD, NIH

3:00 – 3:10 pm – Break

3:10 – 4:10 pm – **Breakout Session 2**

- **Managing Adrenal Insufficiency / Emergency Injection**, Dr. Keil, NIH, Raven McGlotten, MSN, RN, NIH
- **What's New in Cushing's Research**, Dr. Stratakis, NIH
- **Coping with Chronic Illness and QoL Issues**, Dr. Martinez, NIH, Dr. Tiemensma, UC Merced
- **Nutrition and Exercise**, Megan Schoenfeld, RD, NIH
- **Pheochromocytoma**, Dr. Pacak, NIH

4:10 – 4:30 pm – **Recap of Breakout Sessions**

4:30 – 5:15 pm – **Q&A w Medical Professional Speakers**

6:00 - ? *Optional Dinner with Group, pay your own*

Cushing's Patient Education Day 2017 BETHESDA, MD

OCTOBER 20 – 21, 2017

_____ Yes! I plan to attend.

_____ number attending Friday Reception

_____ number attending Saturday Meeting

Name

Address

City

State

Zip

Phone

E-mail

Breakout Session 1 Choice:

Breakout Session 2 Choice:

_____ I would like to apply for a travel stipend.

_____ I will book a room at Bethesda Marriott.

Upon receipt of your registration, a confirmation including transportation options will be e-mailed to you.

Additional Comments: _____

SEE YOU THERE!

Travel Stipends Available

AFFIX
FIRST CLASS
STAMP

CSRF
456 Angie Way
Lilburn, GA 30047

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<http://www.csrf.net>

This meeting is generously
sponsored by:




456 Angie Way
Lilburn, GA 30047
CSRF Share. Aid. Care.
CUSHING'S SUPPORT & RESEARCH FOUNDATION

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